



**IMF CLIMBING MANUAL 2026**





## GENERAL

### **Introduction**

The IMF NSCC is responsible for and shall approve the following competitions:

- a. National Youth Cup series of competitions (NYC)
- b. National Cup series of competitions (NC)
- c. National K Championships (NKCH)
- d. 30<sup>th</sup> National Championship (NCH)

Unless otherwise specified in this Climbing Manual, each competition shall be held in accordance with IFSC Rules

<b>IMF Event</b>	<b>IFSC Event</b>
National Youth Cup (NYC)	Asian Youth Cup (AYC)
National Cup (NC)	World Cup (WC)
National K Championship (NKCH)	Asian K Championship (AKCH)
National Youth Championship (NYCH)	Asian Youth Championship (AYCH)
30 <sup>th</sup> National Championship (NCH)	World Championship (WCH)

### **Competition Officials**

The IMF NSCC shall be responsible for nominating the following IMF officials:

- a. Event Delegate (ED)
- b. Jury President (JP)
- c. IMF Judge (IJ)
- d. Chief Route setter (CRS)
- e. Route setter (RS)

The Organiser shall bear the travel and accommodation expenses as well as the honorarium of the IMF Officials.

The Organiser shall be responsible for providing national route setters and judges to support the Route setting and Judging team.

### **Anti-Doping**

The Organisers of NYC, NC, NYCH and NCH shall arrange for anti-doping tests:

- to be carried out in compliance with the national regulations governing international sport
- to be administered as a minimum to the winners of at least six (6) of the Categories held.

### **Medals, and prizes**

The NSCC shall provide the winners' medals in gold, silver, and bronze medals respectively to competitors ranked first, second and third in each category and discipline.

The Organiser should provide gifts to be awarded to competitors ranked first, second and third in each category and discipline.



## SPORT EQUIPMENT

### Wall Specification

All competition walls shall comply with requirements as set out in the [IFSC Venue Description and Walls Requirements and Guidelines](#).

### Boulder Timing System

The Boulder Timing System is a mandatory requirement to host IFSC-Asia Boulder competitions.

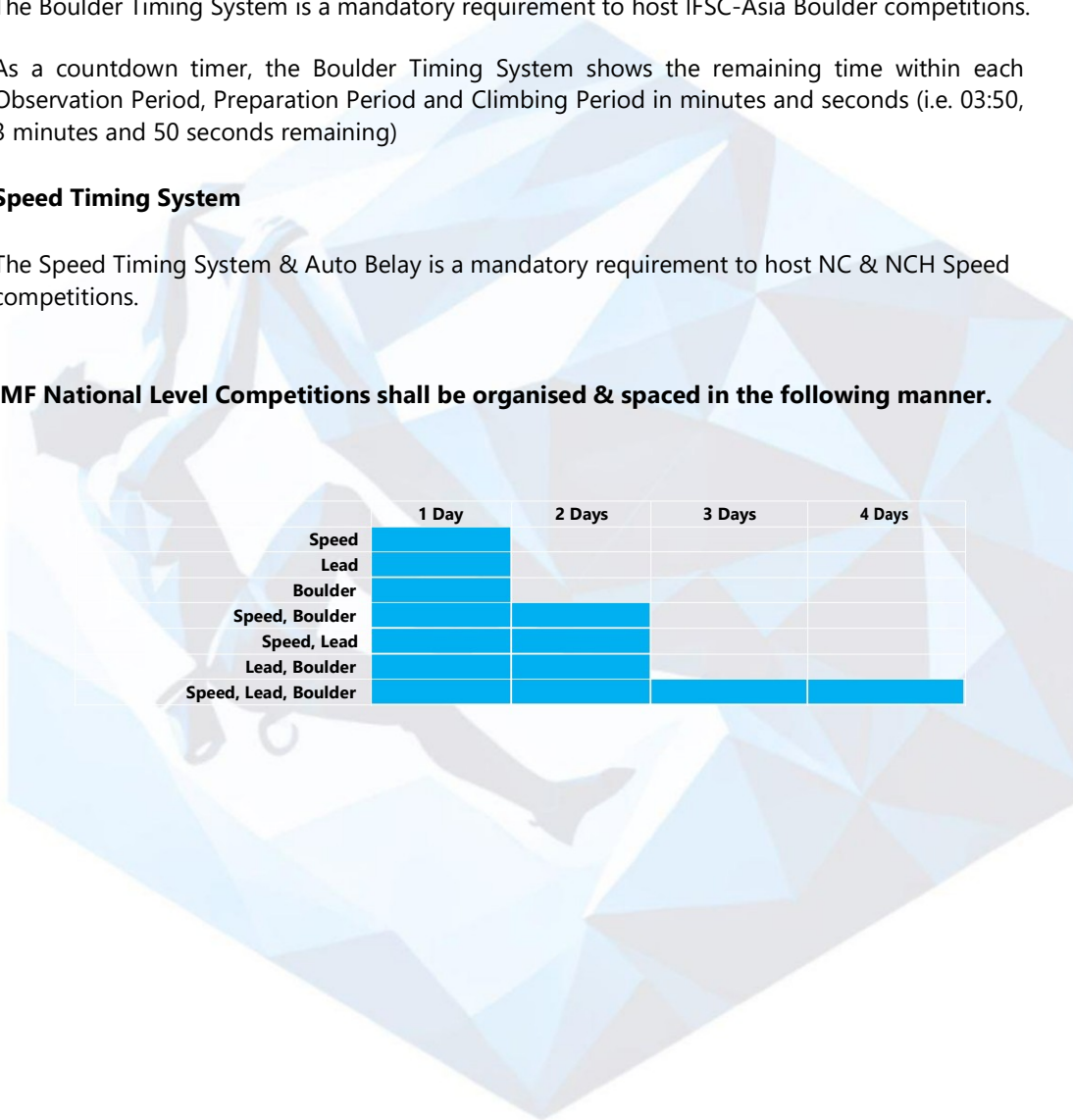
As a countdown timer, the Boulder Timing System shows the remaining time within each Observation Period, Preparation Period and Climbing Period in minutes and seconds (i.e. 03:50, 3 minutes and 50 seconds remaining)

### Speed Timing System

The Speed Timing System & Auto Belay is a mandatory requirement to host NC & NCH Speed competitions.

**IMF National Level Competitions shall be organised & spaced in the following manner.**

	1 Day	2 Days	3 Days	4 Days
Speed				
Lead				
Boulder				
Speed, Boulder				
Speed, Lead				
Lead, Boulder				
Speed, Lead, Boulder				



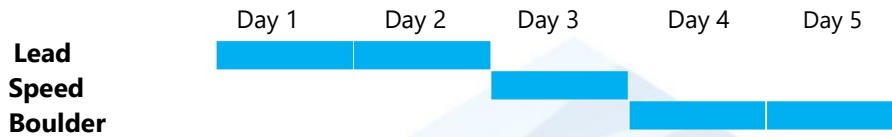


## ASIAN K CHAMPIONSHIP

### Introduction

The IMF will organise the Asian K Championship (AKCH) in November 2026.

The AKCH competition shall be organised over a period of five (5) days:



### Registration & Quota

Each AKCH shall include categories for male and female competitors in the following age groups:

- Under 13: competitors born in 2014 - 2015
- Under 15: competitors born in 2012 - 2013

Team Member	Quota	Registration Fee
Competitor	• Up to 10 Competitors per gender/category/discipline	USD 40 per discipline

### Format

AKCH competitions shall be organised in accordance with the relevant IFSC Rules with the following modifications:

AKCH Lead	Quota	Corresponding Format
Qualification	-	WC Lead Qualification
Final	10	WC Lead Final

AKCH Boulder	Quota	Corresponding Format
Qualification	-	YWCH Boulder Qualification
Final	10	WC Boulder Semifinal, 4 min climbing period

The Boulder Final round shall be preceded by a collective observation period of eight (8) minutes. Competitors are free to observe the boulders in any order and duration within this observation period.

AKCH Speed	Quota	Corresponding Format
Qualification	-	WC Speed Qualification
Final	16/8/4	WC Speed Final

### Speed Climbing Wall & Route Specifications

Effective from 2026, the speed climbing wall at AKCH must adhere to the technical standards outlined in IFSC Wall Requirements. A mandatory height of 15 meters is required for the speed wall, and the previously implemented 10-meter route will no longer be utilized. The revised speed route layout for AKCH, including detailed technical specifications, is documented in Annex 1.



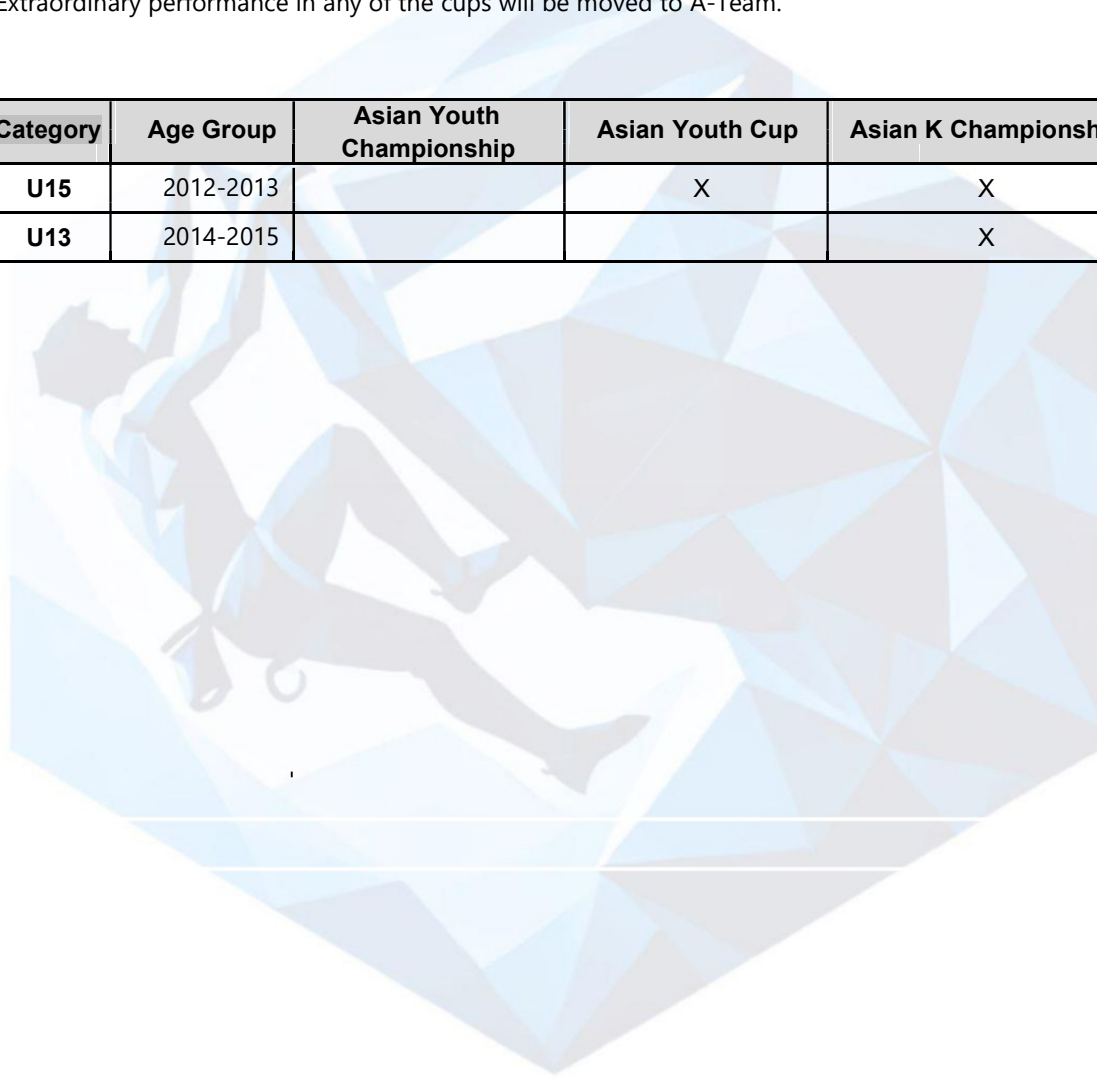
**NATIONAL SUB JUNIOR TEAM FOR K CHAMPIONSHIP**

**Top 3 Athletes ranked as per the National Rankings 2025 will constitute A-Team** in respective categories. **3** Training Camps will be organised before December 2026 of which 2 camps will be mandatory. In addition, training support system will be provided for the entire year of 2026 through the zones.

**Date of the training camp:**

**B-Team** will be selected for participation based on the performances in the Youth Cups & National Cups in 2026. One mandatory training camp will be organized by the NSCC in October 2026. Athlete with Extraordinary performance in any of the cups will be moved to A-Team.

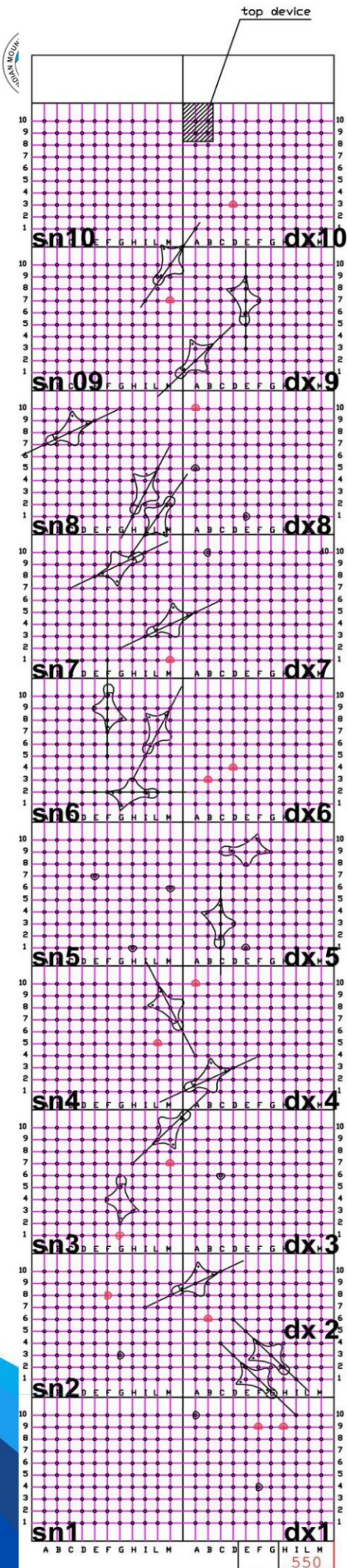
Category	Age Group	Asian Youth Championship	Asian Youth Cup	Asian K Championship
U15	2012-2013		X	X
U13	2014-2015			X



### IMF CLIMBING MANUAL 2026

NO.	PANEL	KIND OF HOLD	HOLD POSITION	HOLD ORIENTATION
10	<b>DX10</b>	<b>FOOT HOLD</b>	<b>D3</b>	<b>↑</b>
9	SN9	BIG HOLD	M10	DX10 A1
	<b>SN9</b>	<b>FOOT HOLD</b>	<b>M7</b>	<b>↑</b>
	DX9	BIG HOLD	E7	↑
	DX9	BIG HOLD	A2	C4
8	<b>DX8</b>	<b>FOOT HOLD</b>	<b>A10</b>	<b>↑</b>
	SN8	BIG HOLD	C8	E9
	DX8	FOOT HOLD	A5	↑
	SN8	BIG HOLD	I3	L5
	SN8	BIG HOLD	L1	SN7 H10
7	SN8	FOOT HOLD	E1	→
	DX7	FOOT HOLD	B10	←
	SN7	BIG HOLD	G9	E8
	SN7	BIG HOLD	M4	DX7 A5
6	<b>SN7</b>	<b>FOOT HOLD</b>	<b>M1</b>	<b>↑</b>
	SN6	BIG HOLD	F9	↓
	SN6	BIG HOLD	L7	M9
	<b>DX6</b>	<b>FOOT HOLD</b>	<b>D4</b>	<b>↑</b>
	<b>DX6</b>	<b>FOOT HOLD</b>	<b>B3</b>	<b>↑</b>
	SN6	BIG HOLD	H2	←
5	DX5	BIG HOLD	E9	→
	SN5	FOOT HOLD	E7	↓
	SN5	FOOT HOLD	M6	↓
	DX5	BIG HOLD	C3	↑
	SN5	FOOT HOLD	H1	↓
	DX5	FOOT HOLD	E1	↑
4	<b>DX4</b>	<b>FOOT HOLD</b>	<b>A10</b>	<b>↑</b>
	SN4	BIG HOLD	M8	L10
	<b>SN4</b>	<b>FOOT HOLD</b>	<b>L5</b>	<b>↑</b>
	DX4	BIG HOLD	B2	D3
3	SN3	BIG HOLD	M10	I8
	<b>SN3</b>	<b>FOOT HOLD</b>	<b>M7</b>	<b>↑</b>
	DX3	FOOT HOLD	C6	↓
	SN3	BIG HOLD	G4	↓
	<b>SN3</b>	<b>FOOT HOLD</b>	<b>G1</b>	<b>↖</b>
2	DX2	BIG HOLD	A9	C10
	<b>SN2</b>	<b>FOOT HOLD</b>	<b>F8</b>	<b>→</b>
	<b>DX2</b>	<b>FOOT HOLD</b>	<b>B6</b>	<b>↑</b>
	SN2	FOOT HOLD	G3	→
	DX2	BIG HOLD	G3	E5
	DX2	BIG HOLD	F1	D3
1	DX1	FOOT HOLD	A10	→
	<b>DX1</b>	<b>FOOT HOLD</b>	<b>F9</b>	<b>↑</b>
	<b>DX1</b>	<b>FOOT HOLD</b>	<b>H9</b>	<b>↑</b>
	DX1	FOOT HOLD	F4	→

	<b>APPROVED 15 M RECORD WALL</b>





## NATIONAL YOUTH CLIMBING TEAM

### Introduction

The IMF NSCC will organise National Youth Cup (NYC) Series to select the National Youth Team to participate & the World Youth Championship, Asian Youth Championship & Asian Youth Cup.

Category	Age Group	International		Continental					
		WCH	WC	YWCH	ACH	AC	AYCH	AYC	AKCH
U19	2008-2009	X	X	X	X	X	X		
U17	2010-2011			X			X	X	
U15	2012-2013							X	X
U13	2014-2015								X

### Registration & Quota for AYCH & AYC

IFSC AYCH (Asian Youth Championship) & YWCH (Youth World Championship) shall include categories for male and female competitors in the following age groups:

- Under 17: competitors born in 2010 – 2011
- Under 19: competitors born in 2008 – 2009

IFSC AYC (Asian Youth Cup) shall include categories for male and female competitors in the following age groups:

- Under 17: competitors born in 2010 - 2011
- Under 15: competitors born in 2012 - 2013

National Youth Cups are being organised to give competition exposure & specifically to eliminate any discrepancies that will arise due to the new age group & categories among U19 & U17 by IFSC & IFSC Asia. competition positions will be added to continuous national ranking to make the final ranking as per disciplines for participation in International Competition for Youth & Kids Championship.

Each **IMF National Youth Cup Series** shall include categories for male and female competitors in the following age groups & will be organised as per relevant IFSC rules.

- Under 19: competitors born in 2008 – 2009
- Under 17: competitors born in 2010 – 2011

Team Member	Quota	Registration Fee
Competitor	<ul style="list-style-type: none"> <li>• Participating Zone Up to eight (8) Competitors per gender/category/discipline</li> <li>• Host Zone Up to 12 Competitors per gender/category/discipline</li> </ul>	2,000/- per athlete
Team Official	<ul style="list-style-type: none"> <li>• One (1) Team Manager per zone</li> <li>• Up to one (1) coach</li> <li>• Up to one (1) qualified medical or para medical personnel</li> </ul>	2,000/- per official



## IMF CLIMBING MANUAL 2026

### NATIONAL CLIMBING TEAM (SENIORS)

#### Introduction

National Climbing team to participate in Asian Championship, Asia Cup, World Cup, World Championship for 2026 will be based on the National ranking 2025 that has been followed as per IMF Event Manual 2025.

National Ranking can be referred on IMF Website: <https://www.indiaclimbing.org/downloads.html>  
<https://www.indmount.org/>

National Cup Series have been organised in 2026 to give ample opportunity to athletes to excel in the competitions. Thus, giving multiple chances to perform & eliminate competition pressure especially in speed climbing.

The Quotas allotted to India for the season of 2026 has been shared for understanding.

#### QUOTA PER DISCIPLINE PER CATEGORY 2026

Category	Age Group	International			Continental				
		WCH	WC	YWCH	ACH	AC	AYCH	AYC	AKCH
Seniors	2008 or earlier	2	2		5	8			
U19	2008-2009			2			4		
U17	20010-2011			2			4	8	
U15	2012-2013							8	10
U13	2014-2015								10

#### National Ranking system

National Ranking which has been in force since 2025 (As recommended by the Athlete commission and deliberated by the raking sub-Committee and approved by the NSCC and GC), will continue as National Ranking 2026 with the upgraded version after incorporating the feedbacks from athletes, officials and zonal committees. Participation in Asian Championship, Asia Cup, World Cup, World Championship for 2026 will be based on Ranking System 2025. The IMF NSCC Ranking System has been shared & explained below. The ranking system 2026 were open for suggestions from Athletes, officials, Associations and Zonal Committees. Thereafter, the manual has been released.

3 COMPETITION RANKING SYSTEM ANNUAL																				
BIB	National Circuit						Asian Circuit						World Circuit						CUNR	
	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points	Rank	Points
B	17	410	3	1380	4	1830	8	1660	5	2180	20	775	38	475	1	6809	40	390	1	10019
C	1	2000	4	1220	22	390	14	1040	18	740	9	1900	40	375	39	425	38	494	3	5120
G	20	310	25	190	8	1245	25	380	15	960	13	1400		0		0		0	5	2955
I	10	700	9	760	1	3000	20	620	9	1520	19	850		0		0		0	2	5280
Q	11	650	19	340	18	555		0		0	0		0		0		0	0	8	1545
R	16	440	10	700	3	2070		0		0	0		0		0		0	0	4	3210
T	2	1610	12	600	24	315		0		0	0		0		0		0	0	6	2525
V	6	990	6	990	19	510		0		0	0		0		0		0	0	7	2490



## IMF CLIMBING MANUAL 2026

### Features:

1. Annual System - 3 top performances of the year out of 3 competitions - at least two has to be from National circuit.
2. International performances include IFSC Asia Cups, Asian Championships, World Cups and World Championship (does not include promotional events)
3. World CLIMBING Performances are graded based on limit caps. The best performances from our country are rewarded with points equivalent to National Podium Finish.
4. Top 5 Athletes considered for National Team based on ranking from 1st Jan until the end of the year
5. In case of speed climbing apart from ranking a minimum qualification time (consistently) of sub 6 seconds for men and sub 9 seconds for women will be enforced for participation in international events for 2026. (Special entry for junior to senior transitional athletes will also be considered without ranking)
6. Ranking points are reset at the onset of a new year.
7. If there's a tie, IFSC rules will be followed to break it - addition of both rank points and average is given to each athlete.
8. Top 5 ranked athletes (CUNR) in the seniors will be granted direct entry in to the 30th National Climbing Championship 2026 in each discipline respectively.
9. Climbers ranked between 6 and 10 in the senior category will earn the zone an additional quota in the 30th National Climbing Championship.

Rank	IFSC KEY	National Cup (x2)	NChampionship (x3)	Asia Cup (x4)	AChampionship (x5)	Asian Games (x7)	World Cup (x25)	WChampionship (x26)	Olympics (x50)
1	1000	2000	3000	4000	5000	7000	6809	6964	10684
2	805	1610	2415	3220	4025	5635	6509	6664	10384
3	690	1380	2070	2760	3450	4830	6229	6384	10104
4	610	1220	1830	2440	3050	4270	5969	6124	9844
5	545	1090	1635	2180	2725	3815	5729	5884	9604
6	495	990	1485	1980	2475	3465	5509	5664	9384
7	455	910	1365	1820	2275	3185	5304	5459	9179
8	415	830	1245	1660	2075	2905	5119	5274	8994
9	380	760	1140	1520	1900	2660	4949	5104	8824
10	350	700	1050	1400	1750	2450	4794	4949	8669
11	325	650	975	1300	1625	2275	4649	4804	8524
12	300	600	900	1200	1500	2100	4519	4674	8394
13	280	560	840	1120	1400	1960	4399	4554	8274
14	260	520	780	1040	1300	1820	4294	4449	8169
15	240	480	720	960	1200	1680	4199	4354	8074
16	220	440	660	880	1100	1540	4115	4270	7990
17	205	410	615	820	1025	1435	4042	4197	7917
18	185	370	555	740	925	1295	3979	4134	7854
19	170	340	510	680	850	1190	3923	4078	7798
20	155	310	465	620	775	1085	3875	4030	7750
21	145	290	435	580	725	1015	3625	3770	7250
22	130	260	390	520	650	910	3250	3380	6500
23	120	240	360	480	600	840	3000	3120	6000
24	105	210	315	420	525	735	2625	2730	5250
25	95	190	285	380	475	665	2375	2470	4750
26	84	168	252	336	420	588	2100	2184	4200
27	73	146	219	292	365	511	1825	1898	3650
28	63	126	189	252	315	441	1575	1638	3150
29	56	112	168	224	280	392	1400	1456	2800
30	48	96	144	192	240	336	1200	1248	2400
31	42	84	126	168	210	294	1050	1092	2100
32	37	74	111	148	185	259	925	962	1850
33	33	66	99	132	165	231	825	858	1650
34	30	60	90	120	150	210	750	780	1500
35	27	54	81	108	135	189	675	702	1350
36	24	48	72	96	120	168	600	624	1200
37	21	42	63	84	105	147	525	546	1050
38	19	38	57	76	95	133	475	494	950
39	17	34	51	68	85	119	425	442	850
40	15	30	45	60	75	105	375	390	750



## IMF CLIMBING MANUAL 2026

### CLIMBING CALENDAR - 2026

Sl	Particulars of CLIMBING / Training	Month	Date	Venue	Category
1	Asian Championship (BSL)	APR	08-12 Apr 2026	Meishan (CHN)	Seniors
2	Asian Beach Games	APR	22-30 Apr 2026	CHN	Seniors
3	Nilgiri Cup (S)	MAY	23-May-26	Wellington	ALL
4	Delhi Cup (S)	JUN	26-Jun-26	Delhi	ALL
5	Delhi Cup (L)	JUN	28-Jun-26	Delhi	ALL
6	Bengaluru Cup (S, B)	AUG	1-2 Aug 2026	Bengaluru	ALL
7	Hyderabad Cup (B)	AUG	08-Aug-26	Hyderabad (TG)	ALL
8	Asia Youth Cup (B, L, S)	AUG	13-16 Aug 2026	Quannan (CHN)	U-19, U-17, U-15
9	Asian Youth Championship (BSL)	AUG	21-25 Aug 2026	Guiyang (CHN)	U-19, U-17
10	Asian Games	SEP	19 Sep - 04 Oct 2026	Nagoya (JPN)	Seniors
11	Asia Youth Cup (B)	OCT	15-17 OCT 2026	Al-Bahah (KSA)	U-19, U-17, U-15
12	Andhra Cup(B)	OCT	25-Oct-26	TBD	ALL
13	Meghalaya Cup (S)	OCT-NOV	31Oct-1Nov 2026	Shillong	ALL
14	HMI Cup (S, L)	Nov	07-Nov-26	Darjeeling	ALL
15	30th National Championship	Nov	27-30 Nov 2026	TBA	ALL
16	Asian K Championship	DEC	10-13 Dec 2026	TBA (IND)	U-15, U-13
17	All India Inter-School Climbing Cup	Dec	18-20 Dec 2026	Pune	U17, U13
18	Asia Cup (B, S)	TBD		Gunsan (KOR)	Seniors
19	Kangundi Boulder Festival	JAN	9 -10 Jan 2027	Kuppam	-
20	Pachmarhi Climbing Challenge	JAN	Jan 16 2027	Pachmari (MP)	-

IMF CLIMBING MANUAL 2026

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Hon. SECRETARY  
INDIAN MOUNTAINEERING  
FOUNDATION